



The two rivers walk

La Passeggiata dei due fiumi - Bormio -

Total length of excursion: 7400 meters

Total uphill difference in height: 83 meters

Approximate total time needed for the excursion: 2 hours and 15 minutes

Difficulty: very easy (2 out of 10)

Recommended season: all year round (possible presence of ice in the winter season)

Suitable for rainy days? [yes \(advised against in case of storm or weather alert\)](#)

General characteristics of the natural environment: [meadows and broadleaved vegetation](#)

Presence of water\fountains on the excursion: yes

Trip on the borders of the Stelvio National Park: no

Benches on the route: yes

Picnic areas on the route: yes

Alpine shelters, bars or restaurants along the route: yes

Circular route: yes

Back and forth route: no

Pushchair accessible: yes

Excursion starting point: [Albergo Adele](#)

Geographic coordinates of the starting point: 46°28'16.99" N – 10°22'19.50" E ---- UTM: 32T 605333 - 5147339

Altitude of the starting point: 1240 meters asl **Maximum height reached on the excursion:** 1255 meters asl

Description of the excursion:

The two rivers walk (Adda and Frodolfo) is **an easy and relaxing excursion**. Considering the asphalt surface and the very limited difference in altitude, this hike **is suitable for everyone and walkable all year round**. You have only to pay attention to the ice during some weeks of the winter season and avoid this walk during the big storms in summer.

From Hotel Adele you reach the **church of San Gallo** along the walk of the same name ([described here](#)).

From the church you continue straight on a cement sidewalk, for about 150 meters, until you reach an **asphalt foot path / bike path** that goes down on the left. You follow this way downhill until you arrive at **the bank of the Adda river**. Don't cross the bridge and continue slightly downhill, along the river, for about 3 kilometers. On this part of the track there are **many benches and some picnic tables** that allow a break in an environment made peaceful and relaxing by the **broadleaved vegetation and the slow flow of the river**. Once you reach the road **bridge of Santa Lucia**, you cross the road on the zebra crossing and turn left. After about 50 meters, at the **intersection with national road 38**, you cross that with the help of the convenient underpass on your right. After the underpass you take the "**Passeggiata Italo Occhi**" (Italo Occhi walk) that, **well furnished with benches** and without difficulty, takes you to the old town center.

After about 1,5 kilometers, and just a few meters before the steel gate that marks the end of the Italo Occhi walk, on your left you will find a narrow asphalt track with a wooden picket fence (Italo Occhi street). You take it and in a couple of minutes you reach the "**Mulino Salacrist**" (ancient mill used today for cultural exhibitions). Cross the main road at the zebra crossing. Go straight along Mulini street and take the first road on the left (Industrie street). At the end of Industrie street you will reach the picturesque **little church of San Vitale**. Turn right and go slightly uphill along Roma street (via Roma) until Cavour square or, more commonly called in Bormio, **the square of "Kuerc"**. Cross the square and take "via della Vittoria" (Victory street). Follow *via della Vittoria* until its end and then go uphill along Monte Braulio street to return to the hotel and the starting point of this excursion.

Cultural points of interest along the route: [The church of San Gallo](#) and the old town center of Bormio.

Enjoy your walk!

[Stefano](#) and all of the [Albergo Adele](#) staff

Text translated by Stefano Bedognè and Paul Faller (teacher at MyEnglish Lodi)

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